

**Bluff Senior Center
Menu for July, 2015**

Thursday 07/02/15

BLT
Relish plate, eggs slices, pickled,
Beets, olives
Cottage cheese w/ Peaches
Salad
Cherry Cobbler
Milk, Juice

Tuesday 07/07/15

Taco salad w/ Beans, Meat, cheese,
Lettuce, Salsa tomatoes
Fruit Slices
Lemon pudding
Milk, Juice

Tuesday 07/14/15

Pizza Supreme
Beans w/ corn salad
Peaches
Garlic sticks
Cherry up down cake
Milk, Juice

Tuesday 07/21/15

Spaghetti w/ meatballs
Peas
Vegetable Salad Bar
Melon Garnish
Brownie
Milk, Juice

Thursday 07/28/15

Cheeseburger on bun
Lettuce, Tomato, pickles,
Corn on the cob
Broccoli slaw
peach Cobbler
Milk, Juice

Thursday 07/09/15

Chicken Enchilda
Garish Lettuce, Tomatoes, cheese
Spanish rice
Refried Beans
Pine apple Rings garish
ice Cream
Milk, Juice

Thursday 07/16/15

Chicken Tenders w/ Ranch dressing
Criss cross Potatoes
Brussel Sprout
Fresh grape
Brain Muffin
Banana pudding
Milk, Juice

Thursday 07/23/15

BBQ Chicken
Potato Salad
Relish plate
Fruit slices in season
Corn bread
Marble Cake
Milk, Juice

Thursday 07/30/15

Meatloaf w/ ketchup
Scalloped potatoes
Mixed Vegetables
Green Vegetable Salad Bar
Fruit cup
Rolls
Chocolate chip cookie
Milk Juice

